

Socio-demographic Determinants of Hypertension

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ABSTRACT A community based descriptive study conducted in Chittoor district of Andhra Pradesh revealed 16.5 percent prevalence of hypertension among adults in the age group of 40 years and above. Among the socio-demographic factors studied, age, income and occupation were significantly related with hypertension. In societies where socio-economic and demographic transition is occurring, identification of socio-demographic factors influencing hypertension would help in targeting populations and individuals to achieve control of hypertension.